**Patient Name:** SOUSA, ANTONIO

**Date of Birth:** 08/28/1972

**Date of Service:** 01/24/2022

**History of Present Illness:**  
The patient presents for follow-up for left knee pain. He is status post left knee surgery on 12/20/21. Patient states he feels great and returned back to work.

Left knee pain is 0/10.

**Past Medical History:**  
Stomach ulcers.

**Past Surgical History:**  
Status post left knee surgery on 12/20/21.

**Past Accident/Injuries:**

**Daily Medications:**  
Rosuvastin 20 mg, Pantoprazole 40 mg

**Allergies:**  
No known drug allergies

**Social History:**  
Noncontributory.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 7 inches tall, weighs 167 pounds   
**General Appearance:** Patient is a well-developed, well-nourished male in no acute distress. Awake, alert,   
and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal.

**Left Knee:**  
Examination of the knee revealed no tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable. Patient has full range of motion without pain. Wound is dry and clean.

**Diagnostic Imaging:**  
10/01/2021: MRI of the left knee reveals: Medial meniscal tear. Arthrosis with joint effusion. Hamstring and gastrocnemius tendinopathy with soft tissue edema. Healed tear of lateral collateral ligament at the tibia with traction edema and no osseous avulsion.

**Assessment and Plan:**

The patient’s Left Knee was examined   
Patient is to return to the office p.r.n.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**